

# JUNIORS CLASS TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.30 - 5:15PM <b>JUNIORS</b> 7-13 YEARS	4.30 - 5:15PM <b>JUNIORS</b> 7-13 YEARS	4.30 - 5:15PM <b>JUNIORS</b> 7-13 YEARS	4.30 - 5:15PM <b>JUNIORS</b> 7-13 YEARS	4.00 - 4:45PM <b>JUNIORS</b> 7-13 YEARS
				4:45 - 5:30PM <b>COMPETITION CLASS</b> 7-13 YEARS

3/23 Packer Road, Baringa QLD 4551

## Juniors 7-13 Years

We focus to develop a higher level of concentration and commitment, and therefore a greater understanding of the techniques and their application in a self-defence situation, and in a competitive sports environment.

## Competition class 7-13 Years

We focus on more technical drills and train at a higher intensity. Students will get an overview of tournament scenarios and how to prepare and to handle certain situations that will arise on the competition mat.

**All classes taught in a safe and structured environment**

**NO LOCK IN CONTRACT**

**NO JOINING FEE**

**NO CANCELLATION FEE**



## WEEKLY MEMBERSHIP

Juniors \$45 (unlimited classes)

We have family discounts available

**FAIR PLAY VOUCHERS  
ACCEPTED**

